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Pain Talk

VOLUME 3 | ISSUE 3 | 2019

PCET Raises \$20,000 for Children’s Hospital

Pain Consultants of East Tennessee presented Lorna Keeton, RN, head of East Tennessee Children’s Hospital’s Pain and Palliative Care Service with a check for \$20,000 on September 05, 2019.

Pain Consultants of East Tennessee initially set the fundraising goal at \$10,000 but due to overwhelming support and effort on behalf of employees, doubled that number.



Employees were creative in their fundraising efforts.

Activities included lunch offerings from Chick-fil-a and the D&B food truck. A fundraising dinner was held at Blaze Pizza and employees even sold their homemade egg rolls and brownies. Employees organized a silent auction, various raffles, and offerings from Pampered Chef and Thirty-One.

In addition to employee fundraising efforts, you, our patients, also contributed via various coin jars located in the lobbies of our Weisgarber location, Oak Ridge location, and in our Surgery Center. Area companies also stepped up to the plate and donated funds, including Build Knox Construction, Ed and Scott Shoemaker, James E. Brown Insurance, Outpatient Diagnostic Center, Scarboro Church of Christ, Shout Out LLC, and Wolf, McClane, Bright, Allen & Carpenter, PLLC.

Pain Consultants of East Tennessee has raised more than \$75,000 for East Tennessee Children’s Hospital’s Pain and Palliative Care Service since 2016.

Pediatric palliative care is specialized care that aims to relieve suffering, improve quality of life, facilitate informed decision making, and assist in the care coordination of children who have a life-limiting illness. It is care that is appropriate at any age and at any stage of illness, together with therapeutic treatment.

The P&P service helps patients by implementing expert pain and symptom management, offering integrative treatment modalities such as art, massage, and use of essential oils, providing recommendations for management of distressing symptoms associated with life-limiting illnesses, supporting and enhancing quality of life through individualized care plans, and promoting healing and comfort with a child and family-centered approach.

PCET Marks Childhood Cancer Awareness Month

Each September marks Childhood Cancer Awareness Month and this year, we decided to sit down with patient Arian Redding to talk about her journey with osteosarcoma. Arian was diagnosed in 2015 and began receiving treatment at East Tennessee Children's Hospital. Later that year she came to Pain Consultants of East Tennessee for pain management treatment.



Dr. James Choo performed a spinal cord stimulator procedure and Arian described the results as "helping immensely". Arian continued her treatment at Pain Consultants of East Tennessee with physical and occupational therapy. Having come into Pain Consultants of East Tennessee in a wheelchair in 2015, she now walks without assistance and stands for long periods of time when working.

Arian's video interview can be found online in a two part series at www.facebook.com/PainConsultantsOfEastTennessee.

Nicole Rowe Attends PAINWeek Conference

Nicole Rowe, COTA/L, a familiar face in our functional rehabilitation division, recently attended PAINWeek in Las Vegas, Nevada.

Each year, PAINWeek issues ten scholarships for their conference plus one grand prize scholarship that "comps" the conference and trip. This year, Rowe was the recipient of the grand prize scholarship after submitting an essay on why she should be chosen.

PAINWeek is the largest US pain conference for frontline clinicians with an interest in pain management. Congratulations to Nicole!



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